

# EXPERIENCE

THE COLOURS OF LIGURIA

6-10 MAY 2026

Join me on an adventurous colour and  
design retreat for the colour-conscious

FIONA  LYS  
INTERIOR COLOUR SPECIALIST



# Hello.

It's finally here, the colour experience that I have been slowly curating and waiting to share with you - a totally immersive and inspiring time in Liguria that goes beyond the postcards and will open your eyes to a world of hues, foster creativity and feed your soul, literally!

If you've watched my film and wished you could join me, now you can. Journey with me in this intimate group experience through the most enchanting parts of the region, where we part-filmed the inspiration behind the styling of my Georgian cottage interior and the Delysian Colour System.

From painted frescoes, to trompe l'œil, and modernariato to antiques; thrifty finds to one-off treats, and local culinary specialities to artisan wines, I will guide you across sea, sand and land to take you on a magical journey to get up close to the details of colour, design and Italian style for this unforgettable experience.

Meet the local experts, and immerse yourself in creative workshops and guided excursions specially tailored to enhance your skills, cultivate connections, and leave you feeling rejuvenated with a fresh perspective on colour. Limited spaces.

It's time to re-treat yourself...

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INTERIOR COLOUR SPECIALIST

Love,  
Fiona x





# Here's what's special about this experience...

43

YEARS

ago my grandfather settled here from Milan. I've been visiting since the 1980's. I'll show you where my favourite spots are for the retreat experiences - ones put together with meaning and passion and leave a lasting impression, long after you return home.

180+

STALLS

to browse, at the largest iconic market in the area for antiques, vintage and mid-century treasures.

96

HOURS

of Ligurian life. Whether you're walking, eating, drinking, laughing, breathing, smelling, swimming, buying, trying, admiring... it's all going to happen in Liguria.

300+

TROMPE L'ŒIL

colours to admire and learn from (okay, it's much more than that but I've lost count of how many)!

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# HIGHLIGHTS

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## **DAY 1** *Benvenuti!*

ARRIVE AT SANTA MARGHERITA AND GET TO KNOW YOUR FELLOW GUESTS AND BASE FROM YOUR HOTEL OVER A WELCOME RECEPTION.



## **DAY 2** *Colour Perspectives for Design*

WORKSHOP IN HISTORIC VILLA, TROME L'ŒIL TOUR, EXPERT DESIGN-TALK & PRIVATE VIEWING, SHOPPING AND LOCAL CUISINE.



## **DAY 3** *Narrative & Aesthetics for Style*

WORKSHOP IN ABIZZO DI SAN FRUTTUOSO REACHED BY BOAT, RUSTICO LUNCH, PORTOFINO, STYLE FOCUS.



# HIGHLIGHTS

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## **DAY 4** *Design Focus*

EXPLORE THE FAMOUS CHIAVARI VINTAGE MARKET, EXPERT DESIGN-TALK WITH ARTISAN, DINNER AT EXCLUSIVE MARINA RESTAURANT.



## **DAY 5** *Departure*

TIME TO RETURN HOME REFRESHED WITH NEW SKILLS, COLOUR-CONFIDENT AND INSPIRED TO START CREATING.



## **DAY 6** *Rapallo add-on day*

BEHIND THE SCENES WITH FIONA FOR A TOUR OF HOME-TOWN FAVOURITES, HISTORIC CASTLE, WINE-TASTING AND A COOKERY CLASS,





# A COLOURFUL DESIGN RETREAT IN LIGURIA

## EXPERIENCES INCLUDED:

- Two exclusive Delysian Colour System workshops with materials
- Private visits and expert talks with Italian design specialists
- Colourful tours of trompe l'œil gems, traditional frescoes and murals
- Shopping at an iconic vintage market and independent boutiques
- 1:1 time with Fiona, style and design-focus group discussions
- Boat trips across colourful and mesmerising bays
- Stunning interiors, architecture, historic buildings and landscape
- Traditional and contemporary regional cuisine and wines
- Barefoot walking, or swimming, on sandy beaches to recharge

## PLACES TO VISIT:

- Santa Margherita
- San Fruttuoso
- Portofino
- Chiavari
- Rapallo (extra)

## WHOSE IT FOR? :

- Anyone interested in architecture, colour, design and styling.

## PRICE:

£3,450

for 5 Days/ 4  
Nights

Experience a thoughtfully crafted adventure in the Pearl of Tigullio Gulf, Liguria, designed to spark creativity in interior design and colour. Immerse yourself in a vibrant tapestry of hues, architecture, interiors, nature, culture and style as you explore the region's colours and designs. For adults only.

## WHAT'S INCLUDED:

- Accomodation
- Itinerary transportation
- Scheduled meals, beverages
- Workshops, materials and tour entrance fees

## WHAT'S NOT INCLUDED:

- Flights
- Additional transport
- City tax €4 per day per person
- Rapallo extra day

## BOOKING:

Initial deposit £690 (20%). Second payment £1,380 (40%) by 01/03/26 .  
Final balance £1,380 (40%) by 01/04/26.



# BEHIND THE SCENES

With Fiona

## RAPALLO ADD-ON EXPERIENCE

Extend your trip for an exclusive insight into local *'Rapallese'* life for a day. Spend the day with me in You will see the most significant sights of this ancient walled town, with it's winding *'caruggi'* (lanes) and the historic 16th century castle, originally built to defend the locals from pirates. Enjoy wine-tasting or a cookery class making the famous regional Genovese pesto with a local chef.

You can marvel at the array of design details, from Art Nouveau buildings and vintage type-faces, amidst the old and new trompe l'œil. You will even see the exact spot where the idea for the Delysian Colour System was first created. End the day relaxing at my favourite bar for a negroni, where you can soak up the shoreline scenery, before dinner at a local restaurant.

PRICE:

£POA

1 day

Itinerary accomodation, food, beverages, experiences,  
local and airport transport fees included.

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# YOUR ACCOMMODATION

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## A SMALL DESIGN-CONCEPT HOTEL

Situated in the heart of town, tucked away yet minutes by foot from the amenities and beach. Beautifully styled with materials sourced locally and original furniture, including pieces from Ettore Sottsass, Arne Jacobsen, De Sede, Braakman and Robin Day. Each zone and room is unique, offering carefully curated comforts for your stay.







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*ci vediamo!*

**THE COLOUR RETREAT, LIGURIA, ITALY**  
**6-10 MAY 2026**

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